## **CLAIMS**

What is claimed is:

- 1. A method of treating or preventing the effects of radiation in a mammal exposed to radiation, said method comprising administering to said mammal a therapeutically effective amount of an isoflavone.
- 2. The method of claim 1 wherein said radiation is selected from the group consisting of an acute lethal dose of ionizing radiation, an acute sub-lethal dose of ionizing radiation, a chronic low-dose of ionizing radiation, an acute lethal dose of non-ionizing radiation, and a chronic low-dose of non-ionizing radiation.
- 3. The method of claim 2 wherein said radiation is selected from the group consisting of diagnostic X-rays, radiation therapy in cancer treatment, CAT-scans, mammograms, radionuclide scans, interventional radiological procedures under CT or fluoroscopy guidance, tissue-incorporated radionuclides from ingestion of contaminated food or water, and uncontrolled exposure to ionizing radiation from nuclear weapons, radioactive spills, and/or cosmic radiation.
- 4. The method of claim 1 wherein said isoflavone is selected from the group consisting of genistein, genistin, daidzein, daidzin, glycitein, glycitein, biochannin A, formononetin, O-desmethylangolensin, and equol, their glucosides and derivatives, and mixtures thereof.
- 5. The method of claim 1 wherein said isoflavone is administered orally, subcutaneously, intramuscularly, intravenously, transdermally, intranasally, or rectally.
- 6. The method of claim 5 where said isoflavone is administered orally in the form of a capsule, a tablet, an inhaler, a troche, or a food supplement in the form of a food or beverage.

- 7. The method of claim 1 wherein said isoflavone is administered chronically.
- 8. The method of claim 1 wherein said isoflavone is administered within 2 weeks prior to exposure to radiation, during radiation exposure, and/or within 2 weeks following radiation exposure.
- 9. The method of claim 8 wherein said isoflavone is administered within 4 days prior to radiation exposure, during radiation exposure, and/or within 4 days following radiation exposure.
- 10. A method of treating or preventing damage to living cells, tissues and organs caused by exposure to radiation, said method comprising administering to a therapeutically effective amount of an isoflavone.
- 11. The method of claim 10 wherein said radiation is selected from the group consisting of an acute lethal dose of ionizing radiation, an acute sub-lethal dose of ionizing radiation, a chronic low-dose of ionizing radiation, an acute lethal dose of non-ionizing radiation, an acute sub-lethal dose of non-ionizing radiation, and a chronic low-dose of non-ionizing radiation.
- 12. The method of claim 11 wherein said radiation is selected from the group consisting of diagnostic X-rays, radiation therapy in cancer treatment, CAT-scans, mammograms, radionuclide scans, interventional radiological procedures under CT or fluoroscopy guidance, tissue-incorporated radionuclides from ingestion of contaminated food or water, and uncontrolled exposure to ionizing radiation from nuclear weapons, radioactive spills, and/or cosmic radiation.
- 13. The method of claim 10 wherein said isoflavone is selected from the group consisting of genistein, genistin, daidzein, daidzin, glycitein, glycitin, biochannin A, formononetin, O-desmethylangolensin, and equol, their glucosides and derivatives, and mixtures thereof.

- 14. The method of claim 10 wherein said isoflavone is administered chronically.
- 15. The method of claim 10 wherein said isoflavone is administered within 2 weeks prior to exposure to radiation, during radiation exposure, and/or within 2 weeks following radiation exposure.
- 16. The method of claim 15 wherein said isoflavone is administered within 4 days prior to radiation exposure, during radiation exposure, and/or within 4 days following radiation exposure.
- 17. A method of protecting personnel exposed to radioactive substances, said method comprising administering to said personnel a therapeutically effective amount of an isoflavone.
- 18. The method of claim 17 wherein said radiation is selected from the group consisting of an acute lethal dose of ionizing radiation, an acute sub-lethal dose of ionizing radiation, a chronic low-dose of ionizing radiation, an acute lethal dose of non-ionizing radiation, an acute sub-lethal dose of non-ionizing radiation, and a chronic low-dose of non-ionizing radiation.
- 19. The method of claim 18 wherein said radiation is selected from the group consisting of diagnostic X-rays, radiation therapy in cancer treatment, CAT-scans, mammograms, radionuclide scans, interventional radiological procedures under CT or fluoroscopy guidance, tissue-incorporated radionuclides from ingestion of contaminated food or water, and uncontrolled exposure to ionizing radiation from nuclear weapons, radioactive spills, and/or cosmic radiation.
- 20. The method of claim 17 wherein said isoflavone is selected from the group consisting of genistein, genistin, daidzein, daidzin, glycitein, glycitein, biochannin A, formononetin, O-desmethylangolensin, and equol, their glucosides and derivatives, and mixtures thereof.

- 21. The method of claim 17 wherein said isoflavone is administered orally, subcutaneously, intramuscularly, intravenously, transdermally, intranasally, or rectally.
- 22. The method of claim 21 where said isoflavone is administered orally in the form of a capsule, a tablet, an inhaler, a troche, or a food supplement in the form of a food or beverage.
- 23. The method of claim 17 wherein said isoflavone is administered chronically.
- 24. The method of claim 17 wherein said isoflavone is administered within 2 weeks prior to exposure to radiation, during radiation exposure, and/or within 2 weeks following radiation exposure.
- 25. The method of claim 24 wherein said isoflavone is administered within 4 days prior to radiation exposure, during radiation exposure, and/or within 4 days following radiation exposure.
- 26. A method for increasing survivability of mammals from a lethal dose of radiation, said method comprising administering to said mammal before, during and/or after said lethal dose of radiation a therapeutically effective amount of a compound of the formula:

wherein  $R_1$ ,  $R_2$  and  $R_3$  are independently selected from the group consisting of hydrogen, hydroxyl and alkoxy.

27. The method for increasing survivability of mammals from a lethal dose of radiation as defined in claim 26 wherein said compound is genistein.

28. A method for increasing survivability of mammals from a lethal dose of radiation as defined in claim 12 wherein said compound is administered to said mammal during the time period of approximately 4 days prior to radiation exposure to approximately 4 days subsequent to said lethal dose of irradiation.